TRAINING PATTERN

TRAINING USE ONLY

STRAIGHT & LEVEL

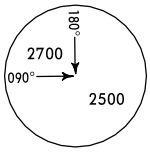
29 DEC 20

1-1

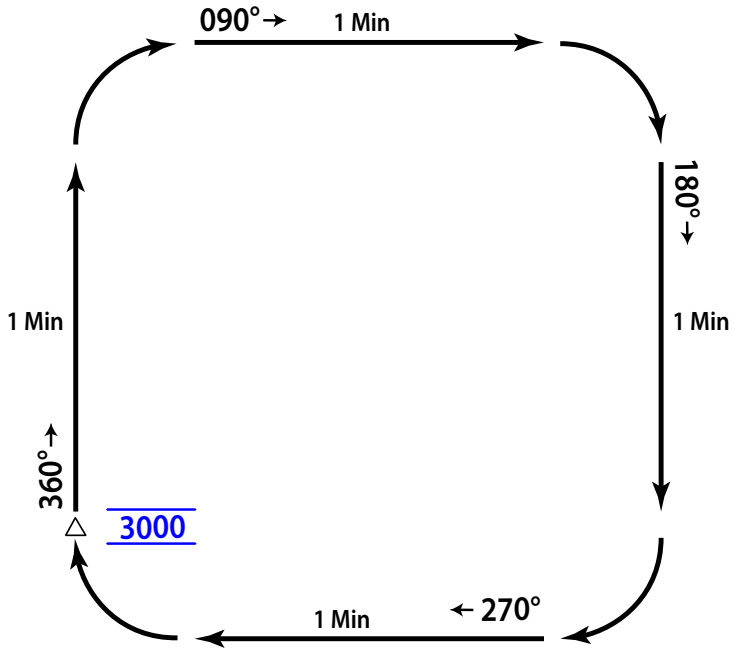
A

EAST MIDLANDS ATIS	EAST MIDLANDS Approach	NOTTINGHAM Radio
122.680	134.180	134.880

Straight and level flight with timed turns (standard rate)



MSA EME NDB



NOT TO SCALE

TRAINING PATTERN

TRAINING USE ONLY

RACETRACK

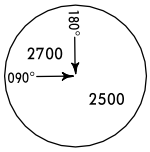
29 DEC 20

1-1

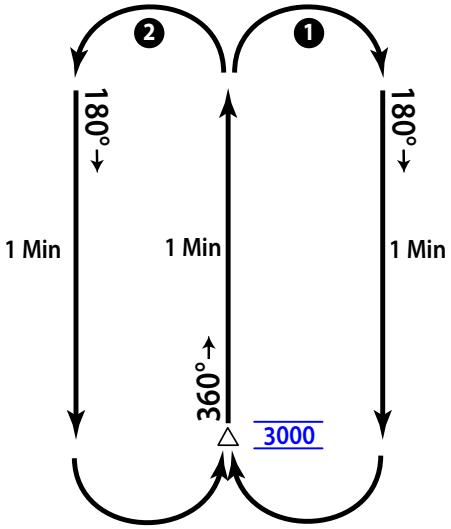
B

EAST MIDLANDS ATIS	EAST MIDLANDS Approach	NOTTINGHAM Radio
122.680	134.180	134.880

Straight and level flight with timed turns (standard rate) in a double racetrack pattern



MSA EME NDB



NOT TO SCALE

V1

TRAINING PATTERN

TRAINING USE ONLY

SNAKE

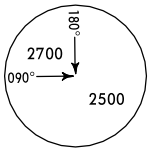
29 DEC 20

1-1

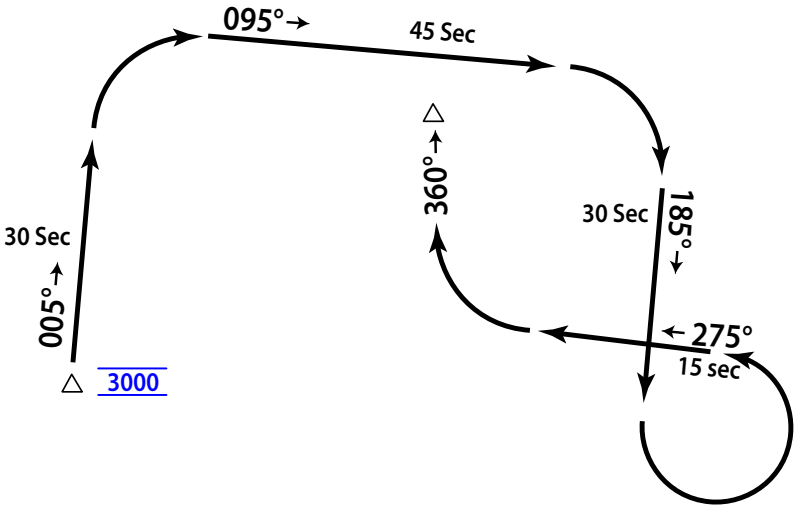
C

EAST MIDLANDS ATIS	EAST MIDLANDS Approach	NOTTINGHAM Radio
122.680	134.180	134.880

Straight and level flight with timed turns (standard rate)



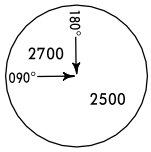
MSA EME NDB

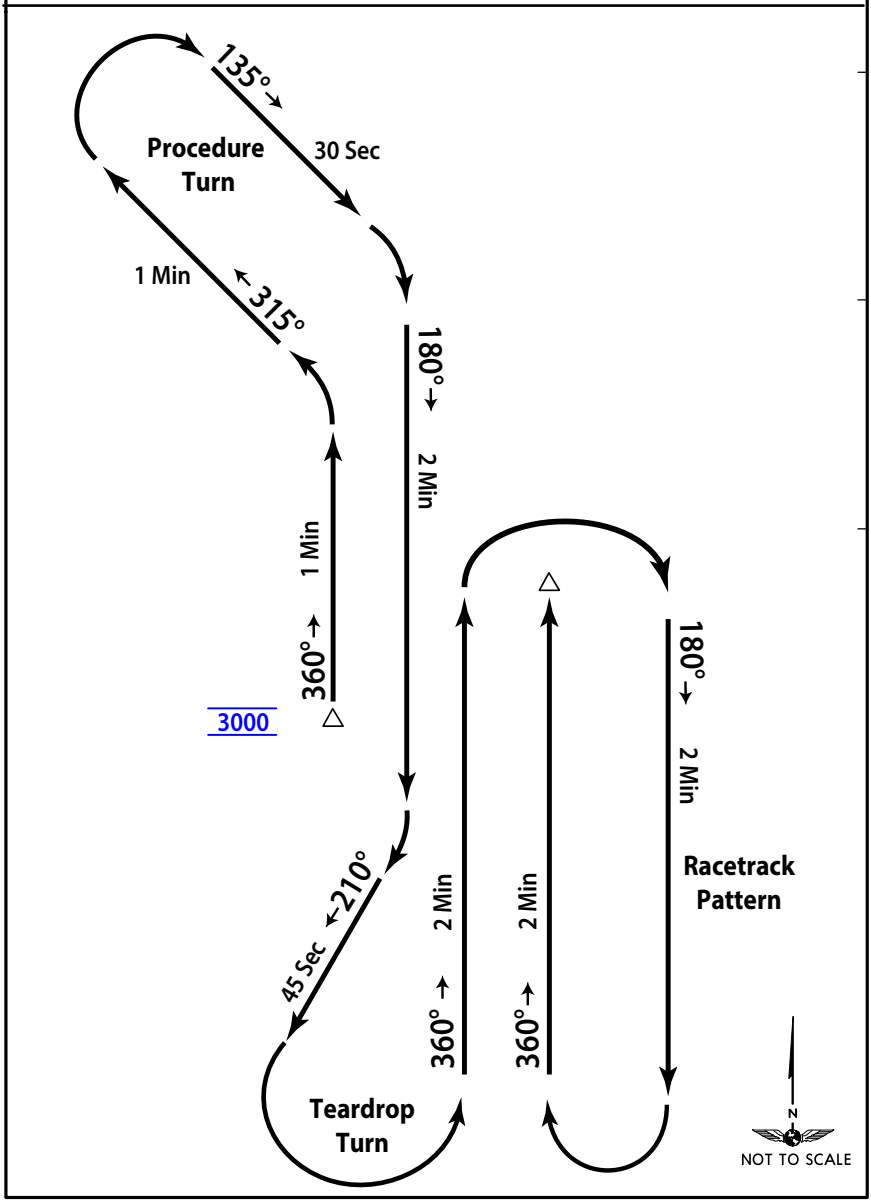


NOT TO SCALE

EAST MIDLANDS ATIS	EAST MIDLANDS Approach	NOTTINGHAM Radio
122.680	134.180	134.880

Straight and level flight with turns (standard rate) in a procedure turn, teardrop turn, constant speed





TRAINING PATTERN

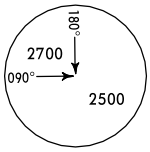
TRAINING USE ONLY

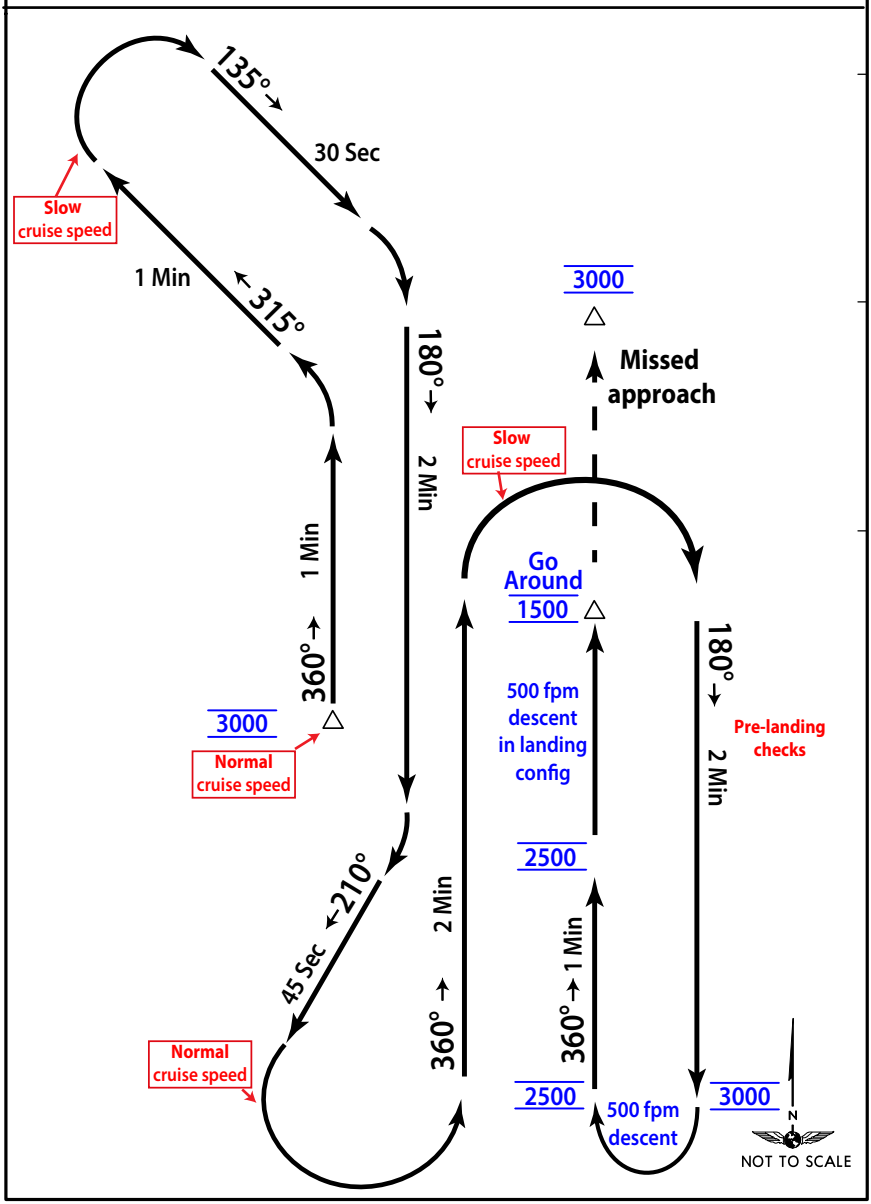
PROCEDURE COMPONENTS 29 DEC 20 (1-1)

H

EAST MIDLANDS ATIS	EAST MIDLANDS Approach	NOTTINGHAM Radio
122.680	134.180	134.880

Procedure turn, teardrop turn, changing speed, 500 fpm descents, configuring for approach, go around, missed approach





V1

TRAINING PATTERN

TRAINING USE ONLY

STRAIGHT & LEVEL

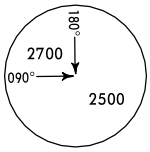
29 DEC 20

1-1

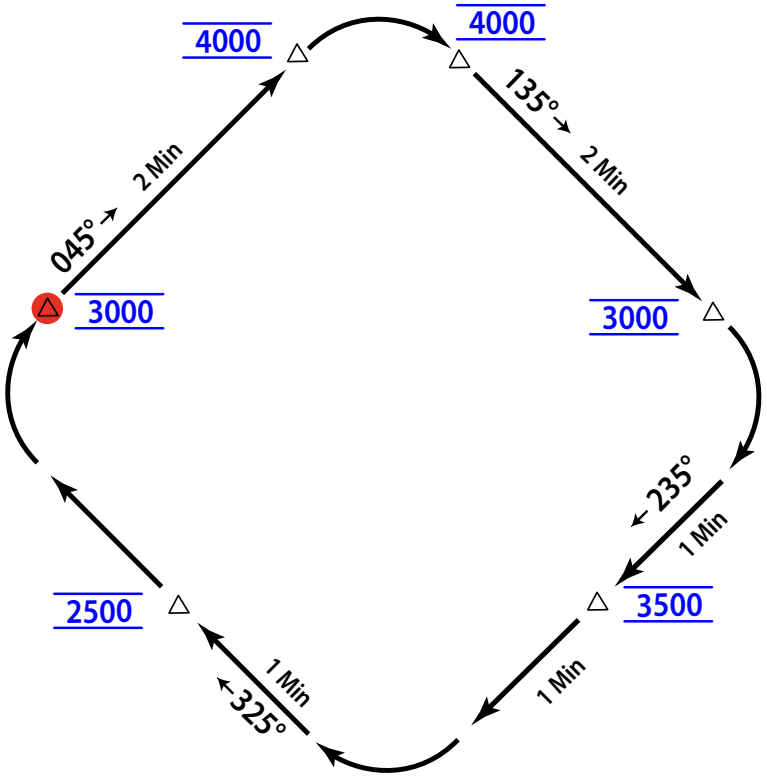
X

EAST MIDLANDS ATIS	EAST MIDLANDS Approach	NOTTINGHAM Radio
122.680	134.180	134.880

Timed turns (standard rate)



MSA EME NDB

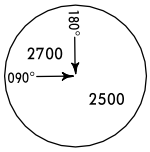
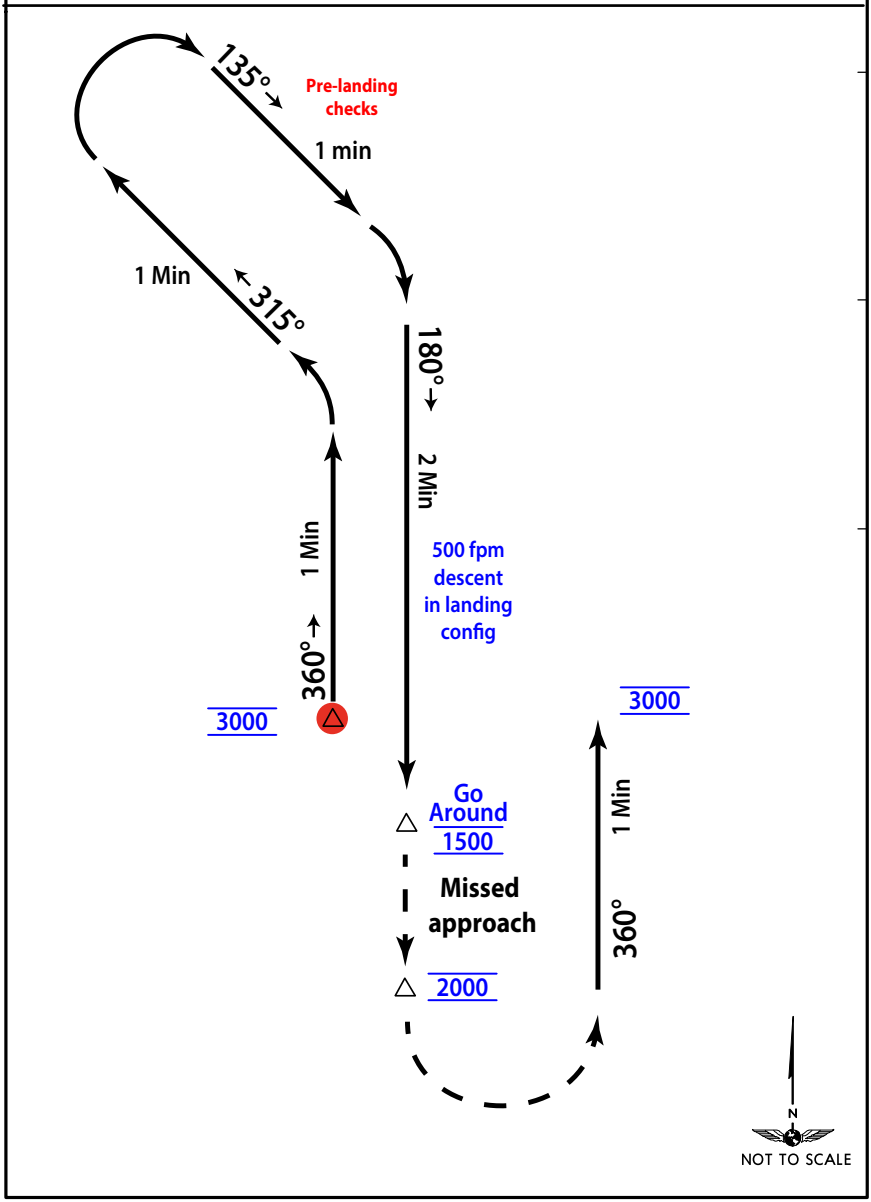


NOT TO SCALE

V1

EAST MIDLANDS ATIS	EAST MIDLANDS Approach	NOTTINGHAM Radio
122.680	134.180	134.880

Procedure turn, 500 fpm descents, configuring for approach, go around, missed approach



MSA EME NDB