Pilot:		Aircraft		Date	

ETA / ATA	Check Points (Fixes)	Alt / MSA / Planned	Plan / TAS / Tru Track	Wind / Direction / Speed	Corrn / Drift / Tru HDG	Mag / Hdg	Time / Gnd Spd / Dist	Time / Leg Time (min)	Fuel / L/Hr

Depart		Arrive
	Runway	
	QFE	
	QNH	
	Blk Time	

Radio Fail 7600

Emergency 7700

D&D 121.5

Enroute: FREIDA

Pre Lnd: BUMFICH

Add 45 mins:	
Taxi T/O Circuit & Landing	
Min fuel reqd	
FOB	

Who: G-XXXX, C152, **What (doing):** From Leicester to Leicester, **Where:** 5 miles E of XX, X000ft QNH XXX, **Why:** Request Basic service

Location	Freq	Notes
Leicester	*122.130*	
East Mids	*134.180*	

Pilot:		Aircraft		Date	

ETA / ATA	Check Points (Fixes)	Alt / MSA / Planned	Plan / TAS / Tru Track	Wind / Direction / Speed	Corrn / Drift / Tru HDG	Mag / Hdg	Time / Gnd Spd / Dist	Time / Leg Time (min)	Fuel / L/Hr

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